

Beech House

Menu

A typical week

Monday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*GAMMON STEAK WITH A FRIED EGG
PEAS, GRILLED TOMATO, CROQUETTE POTATOES*

CHERRY PIE AND CUSTARD

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

*CARROT & CORRIANDER SOUP
SANDWICHES*

NEAPOLITAN ICECREAM

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.

Tuesday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*FISH PIE COURGETTES,
SWEETCORN*

FRESH STRAWBERRIES & CREAM

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

*TOMATO AND BASIL SOUP
CHEESE OMLETTE WITH MUSHROOMS*

CHOCOLATE MOUSSE

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.

Wednesday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*ROAST CHICKEN WITH STUFFING & GRAVY
ROAST POTATOES, CABBAGE,
ROASTED PARSNIPS, CARROTS*

APPLE & BLACKBERRY CRUMBLE AND CUSTARD

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

*MUSHROOM SOUP
SANDWICHES*

RASPBERRY JELLY AND CREAM

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.

Thursday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*BRAISED MINCE BEEF MEAT BALLS IN AN ONION
GRAVY, CREAMED POTATOES, PEAS*

RICE PUDDING WITH JAM

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

*VEGETABLE SOUP
BACON SANDWICHES*

VIENETTA

*Fresh fruit, yogurt or ice cream is always available as an
alternative to the dessert and an alternative to the main meal
is always offered.*

Friday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*SCAMPI, CHIPS, MUSHY PEAS
COFFEE & MANDARIN GATEAUX WITH CREAM*

Tea

*TEA/COFFEE OR FRUIT JUICE
SELECTION OF CAKES*

Supper

*SQUASH SOUP
CHEESE AND CRACKERS*

YOGHURT

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.

Saturday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES*

Lunch

*CHICKEN BREAST IN A CREAM & MUSHROOM SAUCE
SAUTE POTATOES ,GREEN BEANS AND LEEKS*

PINEAPPLE AND COCONUT SPONGE

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

Soup of the day & assorted sandwiches

Fruit fool

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.

Sunday

Breakfast

*TEA, COFFEE,
FRESH FRUIT JUICE
SELECTION OF HOT AND COLD CEREALS
TOAST WITH PRESERVES
ALSO OFFER A HOT BREAKFAST*

Lunch

*ROAST LAMB, GRAVY & MINT SAUCE
ROAST POTATOES, SPROUTS, CARROTS*

FRUIT TRIFLE

Tea

TEA/COFFEE OR FRUIT JUICE

SELECTION OF CAKES

Supper

*LEEK AND POTATO SOUP
BUFFET SELECTION WITH POTATO SALAD*

BLACKCURRENT CHEESECAKE

Fresh fruit, yogurt or ice cream is always available as an alternative to the dessert and an alternative to the main meal is always offered.